

**CROSS COUNTRY  
DISTRICT 5-AAAA  
Nusenda/Community Stadium  
Saturday, March 20, 2021**

**Varsity Girls 10:00      Varsity Boys 10:30      (5) Runners for each race**

1. There will be a Coach's meeting 30 minutes prior to the first race located at the finish line.
2. The course is dirt with hills, with sandy areas and a pavement finish.
3. This will be a bib number meet. **Bib numbers are to be worn on the front of singlet**  
**We will be hand scoring the meet**
4. **No camps, no tents, no access to the stadium.**  
**Also no bicycles or pets are allowed on the course.**  
**No Hats or visors allowed**
5. Three Port-A-Pots will be provided at the start area
6. Masks must be worn by all athletes and coaches at all times.
7. Recommend to not wear spikes because we finish on asphalt.
8. There will be no awards, hence no awards ceremony.
9. **There will be another Coach's meeting after the last race.** Please double check the NMAA State Qualifying form for all spellings. Make sure you put the athletes **that you wish to compete at the State Meet** on the State Qualifying form.
10. An Athletic Trainer will be provided
11. Results will be emailed to coaches, NMmilesplit.com, ABQ Journal, APS and the NMAA for the State Qualifying forms as soon as I leave the stadium.

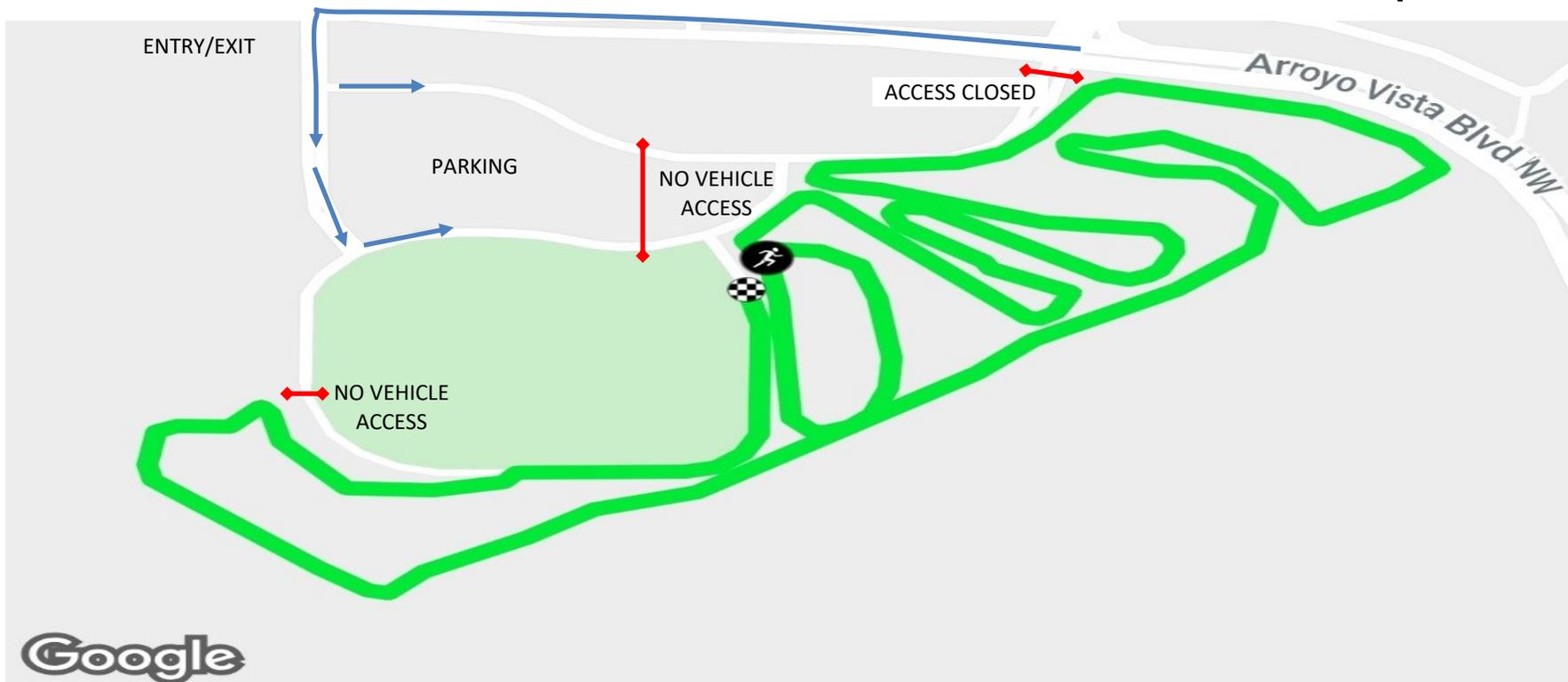
**We will be following the NMAA Covid Return to Play Guidelines.**

**Qualifying for State Championships**

District meets qualify the top two (2) teams in each district plus the top three (3) individuals from non-qualifying teams to the State Championships.  
Teams are allowed to enter a maximum of five (5) runners in the District Meet (this year only). Top four athletes score.

# APS Nusenda Community Cross Country Course

**COURSE MAP 2020-2021 (Covid-19)**



Distance

2.91 MI

**APS**  
**ATHLETICS**  
*Great for Kids!*

**CROSS COUNTRY**