RIO GRANDE HIGH SCHOOL CROSS COUNTRY INVITATIONAL

DATE: Saturday, October 21, 2017

PLACE: Rio Grande High School

2300 Arenal Road SW @ the track

TEAMS: Rio Grande, La Cueva, West Mesa, Del Norte & West Las Vegas HS

SCHEDULE: 8:15Coaches meeting

8:30 Varsity Boys 9:00 Varsity Girls 9:30 Open Boys 9:40 Open Girls

Awards

Course: Is flat and fast, some sand. I made changes to the course, the finish

will be at the track. We will be using the sticker system.

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