

Volcano Vista Cross Country Invitational – THE LAVA RUN OFF

When: Saturday, September 30th, 2017 @ 9:00

Where: Ben Greiner 10650 Wilshire Ave., Albuquerque, NM 87122

## THIS IS A NEW LOCATION FOR THIS MEET!!!!

Teams: Volcano Vista, Cibola, Del Norte, West Mesa, Valley, West Las Vegas, Bosque, V Sue Cleveland

## Schedule of races:

- 9:00 AM Varsity Boys Race (7 runners)
- 9:30 AM Varsity Girls Race (7 runners)
- 10:00 AM Open Boys (unlimited entries)
- 10:30 AM Open Girls (unlimited entries)

Scoring: We will be pulling labels at the finish line. Please come with the labels filled out. (First name, last name, and school)

Awards: At the conclusion of the race we will have an awards ceremony with recognition for both teams and individuals.

Thank you for coming to our meet!

Please contact Coach Schrader if you have questions @ 505-459-6756